

**V E N T U R E**  
Community Association

**SPRING  
PROGRAMME  
2026**

**March - May**

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Community classes, Events & Support

103a Wornington Road  
W10 5YB  
020 8960 3234  
[venturecentre.org.uk](http://venturecentre.org.uk)



# HOW TO USE THIS PROGRAMME

All activities in this booklet are free or low cost. Use the colour key below to find what suits you. Donations help us continue supporting the community.

- Blue for Fitness
- Burgundy for Children's Activities
- Green for Creative Arts
- Red for Food & Wellness Activities
- Purple for Maternity Champions
- Yellow for Events
- Orange for Advice

For bookings and support:  
Email: [info@venturecentre.org.uk](mailto:info@venturecentre.org.uk)  
Call: 020 8960 3234

Follow us on Instagram - @VCA\_CommunityCentre

# WEEKLY PROGRAMME

Regular weekly activities at Venture

## MONDAY

Early Steppers  
9:30 – 10:30am

Pilates  
10:30 – 11:30am

Crochet Corner  
12:30 – 1:30pm

CAP – Adventure Play  
15:30 – 17:30pm

ICT Suite  
16:00 – 18:00pm

Alkaline and natural alternatives  
16:30-18:00pm

Women-Only Zumba  
18:00 – 19:00pm

## TUESDAY

Zumbabies  
10:00 – 11:00am

Cultural Art Workshop  
13:00 – 15:30pm

Recipe for Success  
11:00-12:30pm

Art & Papercrafts  
16:00-17:00pm

CAP – Adventure Play  
15:30 – 17:30pm

Glissando Steel Orchestra (Adults  
– Beginners)  
18:30 – 20:30pm

## WEDNESDAY

Meet & Eat  
13:00 – 15:00PM

CAP – Adventure Play  
15:30 – 17:30pm

Mini Crocheters  
15:30 – 16:30pm

Homework Help  
16:30 – 18:00pm

Bodyweight & Bands Workout Class  
18:30 – 19:30pm

# WEEKLY PROGRAMME

Regular weekly activities at Venture

## THURSDAY

Stay & Play (Holmfield House)  
10:30 – 11:30am

Gentle Yoga  
10:30 – 11:30am

ICT Suite  
2:00 – 2:00pm

Cultural Art Workshop  
1:00 – 3:30pm

CAP – Adventure Play  
15:30 – 17:00pm

Children's Cooking Workshop  
16:00 – 17:30pm

Glissando Steel Orchestra (Children)  
16:00 – 17:30pm

Glissando Steel Orchestra (Adults)  
18:30 – 20:30pm

Women-Only Zumba  
18:00 – 19:00pm

## SUNDAY

12 Step Programme  
16:30 – 18:00pm

## FRIDAY

Connecting Threads Sewing Club  
13:00 – 15:00pm

CAP – Adventure Play  
15:30 – 17:30pm

Games & construction  
16:00 – 17:00pm

Box Fit Workout Class  
18:00 – 19:00pm

Express Yourself Drama Class (Adults)  
19:00 – 21:00pm

Venture Later  
17:30 – 19:00pm

Health & Wellbeing cooking  
15:00 – 16:30pm

## SATURDAY

Children's Learning Lab – Phonics  
10:00 – 12:00pm

Children's Drama Club  
10:30 – 12:30pm

CAP – Adventure Play  
14:15 – 15:45pm

Foodbank (Fortnightly)  
12:00 – 16:00pm

# EARLY

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# STEPPERS

## STEP AND VIBE

£3

Get your heart pumping and your feet moving with high-energy Step & Dance class the perfect blend of cardio, rhythm and fun!

## EVERY MONDAY

Time: 9.15am-10:15am

FITNESS



# PILATES

**EVERY  
MONDAY**

TIME: 10:30AM - 11:30AM



**FITNESS**

£4

# WOMEN ONLY ZUMBA

Our high-intensity Zumba classes will have you working up a sweat as you jam to energetic music with a professional tutor.

**MONDAY  
&  
THURSDAY** TIME: 6PM-7PM



FITNESS

# BARBEN

# BODYWEIGHT AND BANDS WORKOUT CLASS



EVERY  
WEDNESDAY

6:30PM - 7:30PM

This lively workout session  
will tone your limbs and  
thighs using  
resistance bands.



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**FITNESS**



**£4**

# Gentle

# Yoga

A SOOTHING STYLE OF YOGA  
DESIGNED TO ENHANCE YOUR  
FLEXIBILITY WHILE SIMULTANEOUSLY  
CALMING YOUR BODY AND MIND.

10:30AM - 11:30AM  
EVERY THURSDAY

**FITNESS**

£4

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W10 5YB

LEARN BASIC BOXING  
COMBINATIONS AND  
TECHNIQUES DURING OUR  
BOXFIT SESSIONS.

TIME: 6PM-7PM

# BOXFIT WORKOUT

FITNESS



EVERY  
FRIDAY

# DOCTOR FOR A DAY



Saturday 28th February 2026

Time: 12:00pm – 1:30pm



Supported by:  
Cllr Laura burns  
Heena Bellara  
Dr Max Chauhan

Chelsea Riverside  
Conservative Team



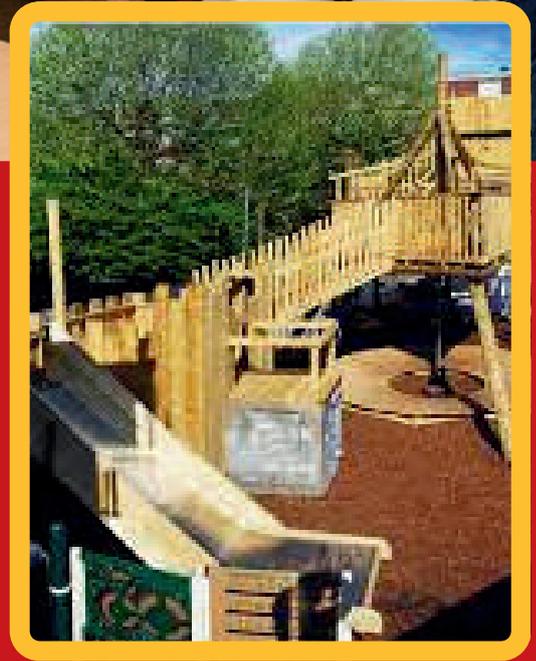
FLASHPOINT CENTRE  
WORLD'S END PL  
WORLDS END ESTATE  
SW10 0HE

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# EASTER HALF-TERM ACTIVITIES

30<sup>TH</sup> MARCH - 10<sup>TH</sup> APRIL

Open access adventure play  
for Children aged 5 - 15 years



Notting Hill Adventure Playground  
W10 5YB  
10.30am-5.00pm  
07494 116 242



Flashpoint Playground  
SW10 0DS  
10.30am - 5.00pm  
07506 653 288

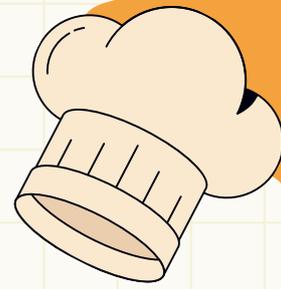
In addition to our play structures,  
we offer a wide range of activities  
including Board games, Cooking,  
Interactive games, Sports, Music  
and Arts and Crafts.

Limited Spaces for Paid Breakfast Club at  
Notting Hill Adventure

For more information please call 0208 960 3234

email [info@venturecentre.org.uk](mailto:info@venturecentre.org.uk)

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# Childrens COOKING CLUB

4:00PM -  
5:30PM

EVERY TUESDAY



FREE

VENTURE CENTRE



CHILDREN

REGISTER HERE

AGES 6 -14 YEARS



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# ARTS & PAPER CRAFTS

EVERY TUESDAY

4:00pm - 5:00pm





REGISTER  
HERE

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# MINI CROCHETERS

FREE

EVERY  
WEDNESDAY

CHILDREN



TIME: 3:30PM-5:00PM



# HOMEWORK HELP



Ages 6-14 Years old



FREE

Our education support sessions help your child succeed bring homework or use our age-appropriate worksheets.

Atom Learning uses interactive questions, helpful sheets, and fun videos to create a personalised learning journey for every child.

**EVERY  
WEDNESDAY**



TIME: 4:30PM - 6:00PM



**CHILDREN**

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103A WORNINGTON RD  
W10 5YB

# GAMES & *CONSTRUCTION*



**EVERY  
FRIDAY**

TIME: 4:00PM-5:00PM



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# VENTURE LATER

**11-15 YEARS OLD**

In addition to our play structures, we offer a wide range of activities including Board games, Cooking, Interactive games, Sports, Music and Arts and Crafts.



**EVERY FRIDAY**

**5:30PM-7:00PM**

**CHILDREN**

Register Here





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# CHILDREN'S DRAMA CLASS



**SATURDAYS**  
10:30am - 12:30pm

Educate your child with basic acting techniques.

To book a place please contact  
[natasha.renegadetheatre@gmail.com](mailto:natasha.renegadetheatre@gmail.com)

**CHILDREN**

Register Here





# LET'S LEARN PHONICS!

Phonics workshops return from January 2026, running on term-time Saturdays at Notting Hill Adventure Playground.

A quick 5-minute reading assessment is needed before starting.

**BAT**



Register Here

Age 4 - 12 years

**EVERY  
SATURDAY**



**CHILDREN**

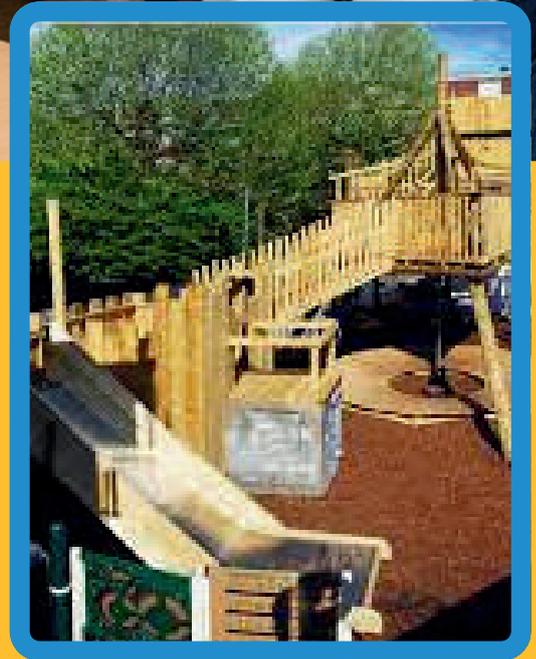
**FREE**

**TIME: 10am - 12pm**

# MAY HALF-TERM ACTIVITIES

25<sup>TH</sup> - 29<sup>TH</sup> MAY

Open access adventure play  
for Children aged 5 - 15 years



Notting Hill Adventure Playground  
W10 5YB  
10.30am-4.00pm  
07494 116 242



Flashpoint Playground  
SW10 0DS  
10.30am - 4.00pm  
07506 653 288

In addition to our play structures,  
we offer a wide range of activities  
including Board games, Cooking,  
Interactive games, Sports, Music  
and Arts and Crafts.

for more information please call 0208 960 3234  
email [info@venturecentre.org.uk](mailto:info@venturecentre.org.uk)

# CULTURAL ART WORKSHOP



Guided by local artist Jennifer Huie, our upcoming series of specialist workshops offers the opportunity to delve into culture through various art forms like painting and drawing.

**TUESDAYS & THURSDAYS**

Time: 1:00pm - 3:30pm

**CREATIVE**

# Connecting Threads

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W10 5YB



Join our weekly sewing club to learn, create and connect.

ALL LEVELS  
WELCOME!

**Price: £2**

**Every Friday**

**CREATIVE**

**Time: 10am - 1pm**



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# CROCHET *Corner*

Learn the basic skills of Crochet  
Chill, chat and work together  
whether experienced or Knot!!!

**EVERY MONDAY**

**Time: 12:30 - 1:30pm**



**CREATIVE**

# GLISSANDO STEEL ORCHESTRA

## **Tuesdays (Adult Beginners)**

Time: 6:30 – 8:30pm

## **Thursdays (Children)**

Time: 4:00 – 5:30pm

## **Thursdays (Adults)**

Time: 6:30 – 8:30pm

## **Sundays (Adults)**

Time: 2:00 – 5:00pm

## **Every Other Sunday (Children)**

Time: 12:30 – 2:00pm

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# ICT SUITE

Drop In Sessions



DO YOU NEED TO SEND AN EMAIL?  
WRITE A WORD DOCUMENT?  
FOR MORE INFO CONTACT

**Mondays: 16:00 - 18:00pm**

**Thursdays: 12:00 - 14:00pm**

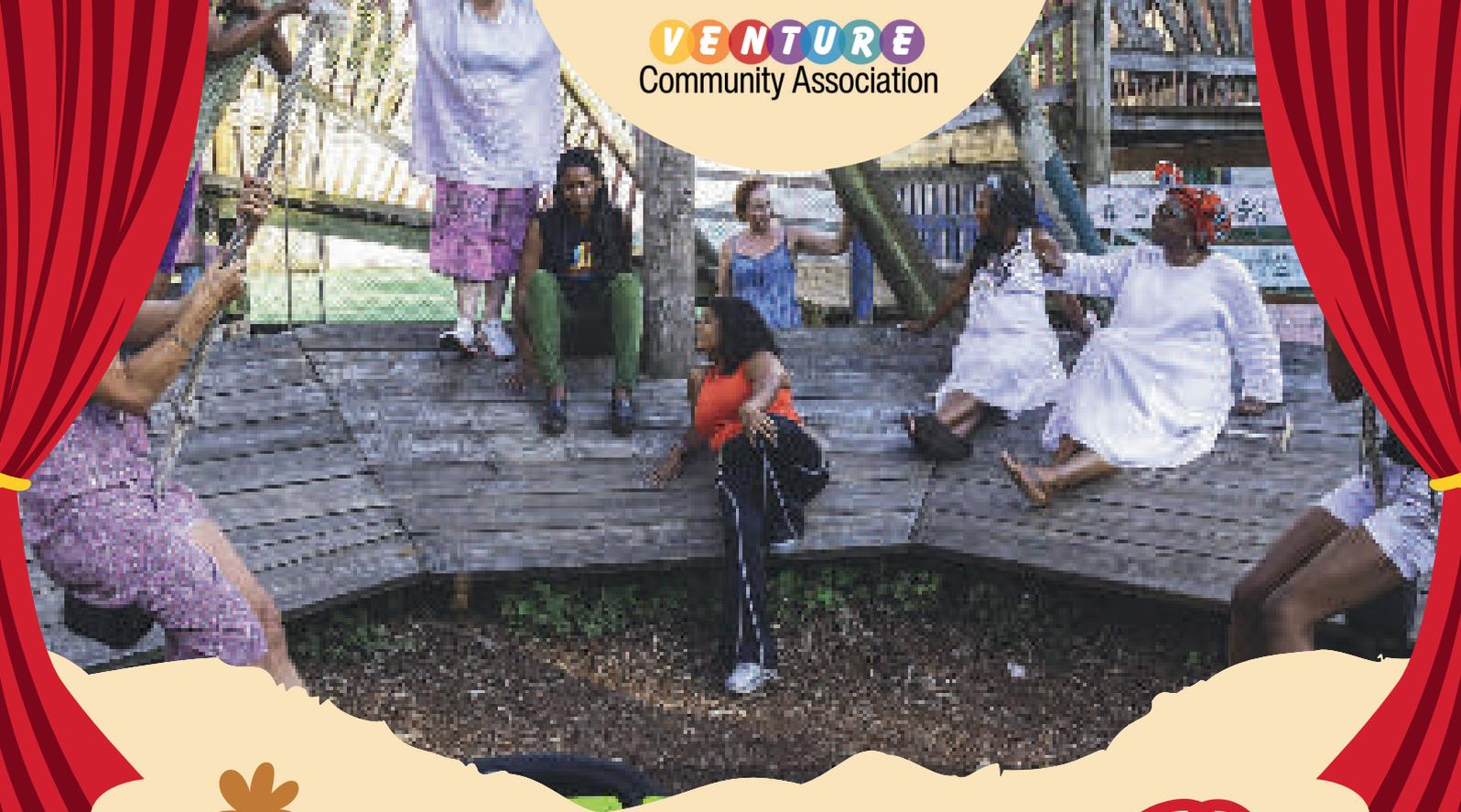
**CONTACT**



020 8960 3234



[Info@venturecentre.org.uk](mailto:Info@venturecentre.org.uk)



# ADULT DRAMA CLUB

**EXPRESS YOURSELF**

**Free screen acting and improvisation workshops for Kensington and Chelsea adult residents. Work with industry professionals to explore your imagination, channel your passion and build screen skills while devising and performing a short film for The Portobello Film Festival 2023.**

**contact [natasha.renegadetheatre@gmail.com](mailto:natasha.renegadetheatre@gmail.com)**

**FRIDAYS**

**TIME: 7:00PM - 9:00PM**

# MEET & EAT



**EVERY  
WEDNESDAY**

**TIME: 1:00PM - 3:00PM**

**VENTURE CENTRE**

103A WORNINGTON RD,  
W10 5YB

**FOOD**

# RECIPE FOR SUCCESS

UNLEASH YOUR CULINARY CREATIVITY AND SOCIALISE TO GOOD VIBES MASTER SIMPLE, TASTY RECIPES COOK WITH FRIENDS OR MAKE NEW ONES.



**EVERY  
TUESDAY**

TIME: 11:00AM - 12:30PM

**FREE**

**WHAT YOU WILL LEARN:**

- COOK EASY, TASTY MEALS
- BUILD KITCHEN CONFIDENCE TOGETHER
- RECREATE DISHES AT HOME

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**13-17 YEARS OLD**

**FOOD**



# ALKALINE FOOD & NATURAL ALTERNATIVES

**EVERY  
MONDAY**

**FREE**

Time: 4pm-6pm

What you'll learn:

- Discover alkaline foods
- Explore natural remedies
- Enjoy a warm, healthy snack
- Learn how food affects your skin

**FOOD**



# HEALTH & WELLBEING

NUTRITION FOR LIFE



**EVERY FRIDAY**

**TIME: 3PM-4:30PM**

Discover how food can fuel your body, lift your mood, and boost your energy all in a fun, friendly space.

Great for anyone curious about healthy eating or plant-based living.

**FOOD**

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W10 5YB

# MEET & EAT

EVENING EDITION

17<sup>th</sup> March  
7<sup>th</sup> April  
19<sup>th</sup> May

5:30PM - 7:30PM

FOOD

**FOOD**



# FOODBANK

*Every Other Saturday*

Names will be taken from 10am for those wishing to access the Foodbank collection.

**12:00pm**

103A WORNINGTON RD  
W10 5YB





# FOODBANK

## *Dates*

Every other Saturday  
on

**28<sup>th</sup> February**

**14<sup>th</sup> March**

**28<sup>th</sup> March**

**11<sup>th</sup> April**

**25<sup>th</sup> April**

**9<sup>th</sup> May**

**23<sup>rd</sup> May**





# BREW CHAT

**EVERY THURSDAY**

★ **GOOD CONVERSATIONS START WITH A BREW.** ★

Join us for coffee and a slice of cake.  
Pop in for a brew, a chat, and a little treat in a relaxed, welcoming space.

VENTURE COMMUNITY ASSOCIATION  
103A WORNINGTON RD  
W10 5YB

FLASHPOINT CENTRE  
WORLD'S END PL  
WORLDS END ESTATE  
SW10 0HE

# ZUMBABIES

**DROP-INS  
WELCOME!**

*Every  
Tuesday*

**10:00am - 11:00am**

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VENTURE COMMUNITY ASSOCIATION  
103A WORNINGTON RD  
W10 5YB



*Book a session*

**info@venturecentre.org.uk**  
**020 8960 3234020 8960**



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Holmfield House Children's Centre  
4-6 Golborne Rd  
W10 5PE

# BABY STAY & PLAY

*Run by the local Maternity Champions,  
Stay and Play is a fun and safe  
environment for you and your baby to  
play, explore, learn and meet others.*



[INFO@VENTURECENTRE.ORG.UK](mailto:INFO@VENTURECENTRE.ORG.UK)

**EVERY  
THURSDAY**

10:00am - 11:30am





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# Community

## IFTAR

**14TH MARCH**

**6:00pm - 8:00pm**

Join us for a shared meal and community  
togetherness



# AGM 2026

## Celebrate Our Year of Impact

**THURSDAY 26<sup>TH</sup> MARCH 2026**

Join us for Venture Community Association's Annual General Meeting as we review the progress made over the past year, share key updates, and outline our priorities for the year ahead. Your voice and involvement are vital as we continue strengthening and shaping our community together.

**5.30PM - 8.00PM**



# BINGO

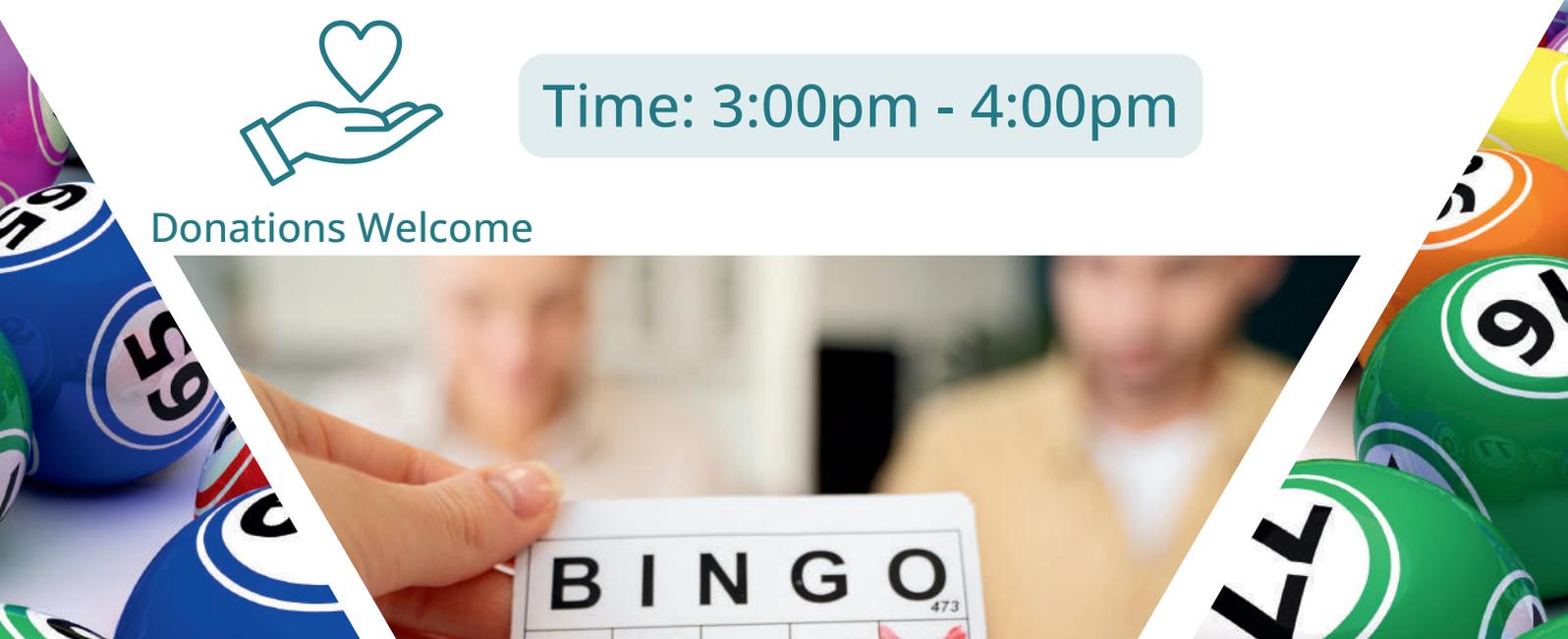
## B O N A N Z A

LAST TUESDAY OF THE MONTH



Time: 3:00pm - 4:00pm

Donations Welcome





*Family*  
**MOVIE EXPERIENCE**

**Friday 20th March**  
**Saturday 11th April**  
**Sunday 17th May**

**From 3.30pm**

**£4 Per family**

# INTERNATIONAL WOMENS DAY

SUNDAY 8<sup>TH</sup> MARCH 2026

Join us for tea, dancing and celebration  
as we honour and uplift the women in  
our community.

Time: 2:00pm - 4:00pm



WHAT A WOMAN!

**VENTURE**  
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103A WORNINGTON RD  
W10 5YB

# MINDFUL REFLECTION & WELLBEING ART



MARCH 10TH

11:30AM - 12:30PM

A mindful reflection and wellbeing art session to pause, create and reconnect this International Women's Day.

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# BOOTY BANDS

*Ladies edition*

WEDNESDAY 11<sup>TH</sup> MARCH

***Refreshments and  
networking after the  
session!***

***Time: 6:30-7:30pm***



# A Space For Every Occasion

Looking for a welcoming community space?

Venture Community Association offers rooms available for hire for birthdays, meetings, community groups, workshops, fitness sessions, celebrations and more.

- Perfect for meetings and workshops
- Ideal for Birthdays & Celebrations
- Suitable for community groups & classes
- Flexible spaces for many occasions

**Room Hire Available!**



Affordable Community  
Space  
Available for one-off or  
regular bookings

**Room bookings**

**[roombookings@venturecentre.org.uk](mailto:roombookings@venturecentre.org.uk)**



Website  
[www.venturecentre.org.uk](http://www.venturecentre.org.uk)



Contact Information  
**020 8960 3234**

# FEELING ANXIOUS OR LOW?



020 3834 9514

It can **Help** to talk.

West London's charity for affordable counselling.



In person and online



Sessions based on your income



No long waiting lists



Multilingual support available



SCAN HERE

